



To Whom It May Concern:

I am very excited to write this letter about the VersaClimber. My relationship with Heart Rate Inc. and the VersaClimber spans over a decade. It has been one of the first, and best purchases, at each one of my training venues. I feel very strong that the VersaClimber is unmatched in versatility from post-op to elite levels of performance training.

The VersaClimber offers amazing versatility. The ability to utilize the VersaClimber as a closed chain, non-impact, progressive range of motion and intensity device, lends itself to be truly one of the most versatile tools in our arsenal. Athletes can progress from the earliest introduction of closed chain rehabilitation, through reconditioning, and advancing to the very specific and demanding levels of Energy System Development.

The athlete's time and energy is very valuable. The VersaClimber allows for total body training and the highest metabolic expenditures per unit of time compared to other equipment, making the VersaClimber a very effective and efficient device. The wide range of crossover from our high intensity alactate sprints, all the way through the continuum to training for aerobic power and capacity, is unmatched. The VersaClimber, with its unique combination of degree of difficulty, ease of adjustment, and durability, has won the right to be the cornerstone for the Athletes' Performance lactate power and capacity circuits.

API's philosophy is always quality over quantity in both training and investment. VersaClimbers have filled this role admirably over the years. This is a piece of equipment that withstands the most intense abuse, and asks for more!

Sincerely,

Mark Verstegen
President/Founder
www.AthletesPerformance.com

Athletes' Performance
650 S. Athletes' Place
Tempe AZ 85281
480.449.9000
480.449.9200 f
www.AthletesPerformance.com
MVerstegen@AthletesPerformance.com

Athletes' Performance - Los Angeles
Home Depot Center
18400 Avalon Blvd. Suite 800
Carson CA 90746
310.630.2290
310.630.2292